MONTHLY NEWSLETTER · ISSUE [XX]

SEPTEMBER 2026

VIDHYA SAGAR WOMEN'S COLLEGE

The Sagar *Chronicle*

Affiliated to University of Madras · Reaccredited by NAAC · Chengalpattu 603 111



NSS volunteers assist with check-ups at the free Health Camp, 26 September 2026.

THIS MONTH ON CAMPUS

A Month of Care & Curiosity

Free health and eye camps that served over 400 people, a month of NSS outreach and a morning of Sudoku and logic — September saw our students lead with compassion and think with clarity.

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400+
people served at our Health & Eye Camps

106
students solved puzzles on International Sudoku Day

100+
students took the Social Justice Day pledge

CHAPTER 01 — EDITORIAL

From the Principal's Desk

Dear students, parents and colleagues, September reminded us that education is measured not only in classrooms, but in the lives we touch.

On 26 September our campus opened its doors to the community: the NSS Unit's Health Camp with Sri Ranga Hospital and the Karuna and Enviro Club's Eye Camp with M N Eye Hospital, Chennai, together served more than 400 people. Our volunteers also stood with the IGM Church Orphanage, pledged themselves to social justice and marked NSS Day with a conversation on gender equality, while 106 students celebrated International Sudoku Day with the Department of Mathematics.

My thanks to every coordinator, faculty member, volunteer and staff member behind these efforts. As we step into October, let us carry this spirit of service and curiosity into all we do.

Dr. R. Arunadevi

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THE MONTH AT A GLANCE

400+ people served at the Health & Eye Camps

106 students from five programmes at Sudoku Day

100+ students took the Social Justice Day pledge

80+ NSS volunteers at the NSS Day programme

CALENDAR OF THE MONTH

03 SEP — **IGM Orphanage Support Drive**
NSS Unit · Campus sale & donations

09 SEP — **International Sudoku Day**
Department of Mathematics

17 SEP — **Social Justice Day Pledge**
NSS Unit · 100+ students

24 SEP — **NSS Day & Gender Equality**
NSS Unit · Awareness programme

26 SEP — **Free Health Camp**
NSS Unit with Sri Ranga Hospital

26 SEP — **Free Eye Camp**
Karuna & Enviro Club · M N Eye Hospital

CHAPTER 02 — COVER STORY

Care at Our Doorstep: Free Health & Eye Camps

26 September 2026 | **Open to campus & public** | **NSS Unit · Karuna & Enviro Club**



The Health Camp is inaugurated, 26 September 2026.

AT THE CAMPS

CHIEF GUEST
Mrs. Gandhimathi, Executive Engineer, TNEB

MEDICAL PARTNER
Sri Ranga Hospital, Chengalpattu

EYE CARE PARTNER
M N Eye Hospital, Chennai

Two of our service units brought free, quality healthcare to the community on 26 September.

The NSS Unit joined hands with Sri Ranga Hospital, Chengalpattu, for a free Health Camp, inaugurated by Chief Guest Mrs. Gandhimathi, Executive Engineer, TNEB. More than 200 members of the public benefited.

The Karuna and Enviro Club partnered with M N Eye Hospital, Chennai, for a free Eye Camp offering eye check-ups, cataract screening and spectacles.

Over 200 people attended, from students and faculty to residents of the neighbouring villages of Chengalpattu. Separate screening counters were set up, every patient received a free consultation, and those who needed it were referred for further treatment.

The management and Principal thanked the medical partners, volunteers and public, and visitors expressed their gratitude to Vidhya Sagar Institutions for bringing care to their doorstep.



Free consultations at the Health Camp.



Eye check-ups with M N Eye Hospital.



Faculty and the medical team at the Eye Camp.

CHAPTER 03 — NATIONAL SERVICE SCHEME

Not Me, But You: Values in Action



Volunteers take the NSS Day Pledge.

24 SEP · 80+ VOLUNTEERS

NSS Day & Gender Equality Awareness

The NSS Unit celebrated NSS Day with an awareness programme on gender equality. Chief Guest Mrs. Kalavathi, RWSEC, and Presiding Guest Mrs. Radha, joined by Mrs. Amudha, encouraged students to uphold fairness, equality and social justice.

As part of the celebration, more than 80 volunteers renewed their commitment to service by taking the NSS Day Pledge.



03 SEP · IGM CHURCH ORPHANAGE

Buying Green, Giving Back

Volunteers supported the IGM Church Orphanage by buying its eco-friendly jute bags and candles on campus, and encouraged students, faculty and non-teaching staff to do the same. Essential supplies were donated towards the children's welfare.



17 SEP · 100+ STUDENTS

A Pledge for Social Justice

The NSS Unit observed Social Justice Day with a pledge-taking programme. More than 100 students pledged to promote social justice, equality, dignity and social harmony.

DONATED TO THE IGM CHURCH ORPHANAGE

- ☑ Four bags of rice
- ☑ Soaps
- ☑ Mirrors
- ☑ Biscuits
- ☑ Jute bags & candles bought on campus

CHAPTER 04 — DEPARTMENT OF MATHEMATICS

Small Numbers, Big Possibilities

International Sudoku Day · 09 September 2026 | **Bhagwan Gautam Swami Auditorium** | **10.00 – 11.00 AM**



Pencils to paper: students work through the day's puzzles.

AT A GLANCE

THEME
Think, Solve, Enjoy

PARTICIPANTS
106 students from five programmes

LED BY
Mathematics faculty and students

The Department of Mathematics marked International Sudoku Day around the theme "Think, Solve, Enjoy" and one message: Small Numbers… Big Possibilities! Students from BSc Mathematics, BSc Chemistry, CS with AI, CS with Data Science and BCA-A took part.

The session explored Sudoku as an exercise in logic, concentration and reasoning, and showed how a puzzle can make mathematics engaging. Students left with sharper problem-solving, a little more patience and a fresh view of the practical side of numbers.

SKILLS IN PLAY

- ☑ Logical thinking
- ☑ Problem-solving
- ☑ Analytical reasoning
- ☑ Concentration
- ☑ Patience
- ☑ Decision-making



The Mathematics team closes the session.



Introducing the puzzle to a full house.

TRY IT YOURSELF

Fill each row, column and box with 1–6. Answer on page 06.

		2	1		4
3		4			
					1
		6		4	5
	3	5			
4				2	

CHAPTER 05 — CAMPUS MOMENTS

Frames from September


Team games on NSS Day


Jute bags from the IGM Orphanage


Volunteers at the Health Camp


Vision screening at the Eye Camp



NSS on Social Justice Day


A full house for NSS Day


Pencil to paper on Sudoku Day


The Karuna Club at the Eye Camp

Coming Up in October

[DD] **[Event name]**
[Club or department]

[DD] **[Event name]**
[Club or department]

[DD] **[Event name]**
[Club or department]

DID YOU SOLVE IT?

Answer to page 05's puzzle. Filled cells in red.

6	5	2	1	3	4
3	1	4	6	5	2
5	4	3	2	6	1
1	2	6	3	4	5
2	3	5	4	1	6
4	6	1	5	2	3

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